## moving uninverclyde

## OPEN DAY

## Friday 1st November 11am - 2pm

We are thrilled to invite you to our Open Day.
This is an opportunity for you to explore what we have to offer and experience our service firsthand.

Join us to find out insightful information about our programme and services, interactive sessions including Auricular Acupuncture, taster wellbeing sessions and tours of our facilities.

Whether you are considering support from us or simply curious to learn more, our team will be available to answer any questions and provide detailed information on the day.

We look forward to welcoming you.

The Moving On Inverclyde Team