

Thrive

Thrive is a service offered to children and young people aged 5-18 years old who have additional support needs offering support predominately through groupwork at the service base Monday-Thursday.

The group sessions have a specific focus based on individual need of the children and young people also taking into consideration their age/stage of development & their own interests.



Referrals

Referrals can be made by the family themselves or any agency working with the family on their behalf with the families permission.

Please contact the service on:

01475 728493

Befriending Service

Befriending support is provided for children accessing the range of provisions across Nurture Services.

It is facilitated by a group of dedicated trained volunteers who give their time to provide a positive adult/child relationship experience that promotes healthy growth & development for children.



Barnardo's Nurture Services Inverclyde

9 Terrace Road
Greenock
PA15 1DJ

Tel: 01475 728493



Barnardo's Nurture Service

Nurture services provides a wide range of universal and specialist opportunities on site to promote family wellbeing, our staff are skilled in delivering services to children at different ages and stages. Children and families are at the core of everything we do, we have space to accommodate group work activities and individual work and also provide outreach support within the family home or in school.

Groups

We deliver specialist support in line with children's development and life transitions including:

- Pre-Natal
- Seasons for Growth
- Parent & Child Toddler Group
- Dads Group
- B-Wild
- Pop-Up Pantry

Colleagues from key agencies in Inverclyde including health care professionals, social work staff and early year's staff, co deliver specific programmes and interventions designed to meet the needs of families.

Nurturing Early Years Support Team

Services for families with children pre-birth to five years. The approach is family centred, therefore children in the family who are over the age of 5 years will be included in the family support plan.

The support is child centred with the focus on improving outcomes for children during the early years. This early intervention in early years service raises parent's awareness about their children's age & stage developmental needs for healthy growth and development.



Attachment Based Practice Strength-Based Approach

Cygnets

Cygnets is a programme for parents/carers who have children with a diagnosis of Autism. The service delivers 3 cohorts per school year in partnership with Inverclyde ICOS team.

"It was great to talk to other mums going through the same things"

Scottish Raising Attainment Challenge

The attainment team use a whole systems approach alongside targeted family support to improve the educational attainment of pupils in Inverclyde.

The model of this service is to bring about positive change by building the capacity and understanding of parents, staff and young people.

To promote healthy relationships and increase emotional health and wellbeing that maximises learning.